



Leading with Emotional Intelligence

Course Overview

The latest leadership development research clearly demonstrates that successful leadership relies on the ability to adapt your style to different people and situations. Emotional Intelligence (EI) is the process by which we become aware of our thoughts and feelings to manage our behaviour more effectively. If you want to take your leadership style to the next level then this course is essential.

This is a full day training course in-person or over 2-four hour sessions using Zoom Video conferencing.

AGENDA HIGHLIGHTS:

- Relationship between behaviour and attitude
- Understanding Emotional Intelligence
- Inspirational leadership – performing at your best
- Interpreting your emotional intelligence profile and utilising this to achieve success
- Creating the coaching checklist

TARGET AUDIENCE:

- Managers and leaders seeking to understand their own behaviours and impact on relationships
- Those seeking to better understand EI as a route to improving team performance
- Manager seeking to build stronger personal relationships, achieve goals, increase self-awareness, awareness of others and how these link with high performance

TRAINER: Tracy Whiting-Iqbal

LEARNING OUTCOMES:

- Understand what Emotional Intelligence is, and how it relates to leadership success
- Explore how your attitudes and emotions support or hinder your ability to inspire great performance in yourself and others
- Learn about your personal EI strengths and development areas
- Identify strategies for developing your Emotional Intelligence.

INVESTMENT:

OPEN COURSE – Cost per head:

Virtual £450.00 plus VAT

Face to Face £520.00 plus VAT

Additional cost for all delegates - £150 per head for PSI EIP3 profile completed ahead of the course

IN COMPANY COURSE –

prices are based on 8 delegates plus Trainer expenses

Virtual £2260.00 plus VAT

Face to Face £2940.00 plus VAT

Additional cost for all delegates - £150 per head for PSI EIP3 profile completed ahead of the course

For further information on the above programme or to discuss your talent development needs, please call **020 3117 0914** or email talentdevelopment@apsco.org

Courses are available to APSCo members and non-members alike. For non-member prices please contact APSCo Talent Development.